

Chicken, Berry, Feta, & Pumpkin Seed Salad

Chicken, Berry, Feta, Pumpkin Seed Salad

Nutrition Facts	
1 serving per container	
Serving size 1 Package (307g)	
Amount Per Serving	
Calories	450
% Daily Value*	
Total Fat 27g	35%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 230mg	10%
Total Carbohydrate 17g	6%
Dietary Fiber 4g	14%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 35g	
Vitamin D 0.2mcg	0%
Calcium 180mg	15%
Iron 4.1mg	25%
Potassium 480mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MESCLUN LETTUCE, CHICKEN, STRAWBERRIES, BLUEBERRIES, BALSAMIC VINEGAR, PUMPKIN SEEDS, FETA (PASTEURIZED MILK, NONFAT MILK, SALT, CHEESE CULTURE, ENZYMES, CALCIUM CHLORIDE), OLIVE OIL, SPICE

CONTAINS: MILK
PEAK KITCHEN, LLC
GREELEY, CO

Chicken, Berry, Feta, & Pumpkin Seed Salad- Add Protein

Chicken, Berry, Feta, Pumpkin Seed Salad Add Protein

Nutrition Facts	
1 serving per container	
Serving size 1 Package (399g)	
Amount Per Serving	
Calories	590
% Daily Value*	
Total Fat 30g	38%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 155mg	52%
Sodium 290mg	13%
Total Carbohydrate 17g	6%
Dietary Fiber 4g	14%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 62g	
Vitamin D 0.3mcg	2%
Calcium 190mg	15%
Iron 5mg	30%
Potassium 700mg	15%

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INGREDIENTS: CHICKEN, MESCLUN LETTUCE, STRAWBERRIES, BLUEBERRIES, BALSAMIC VINEGAR, PUMPKIN SEEDS, FETA (PASTEURIZED MILK, NONFAT MILK, SALT, CHEESE CULTURE, ENZYMES, CALCIUM CHLORIDE), OLIVE OIL, SPICE

CONTAINS: MILK
PEAK KITCHEN, LLC
GREELEY, CO

Chicken, Berry, & Pumpkin Seed Salad

Chicken, Berry, Pumpkin Seed Salad

Nutrition Facts	
1 serving per container	
Serving size 1 package (307g)	
Amount Per Serving	
Calories	430
% Daily Value*	
Total Fat 24g	31%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 100mg	4%
Total Carbohydrate 18g	7%
Dietary Fiber 5g	18%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 37g	
Vitamin D 0.1mcg	0%
Calcium 110mg	8%
Iron 5.2mg	30%
Potassium 590mg	10%

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INGREDIENTS: MESCLUN LETTUCE, CHICKEN, STRAWBERRIES, BLUEBERRIES, PUMPKIN SEEDS, BALSAMIC VINEGAR, OLIVE OIL, SPICE

PEAK KITCHEN, LLC
GREELEY, CO

Chicken, Berry, & Pumpkin Seed Salad- Add Protein

Chicken, Berry, Pumpkin Seed Salad Add Protein

Nutrition Facts	
1 serving per container	
Serving size 1 package (392g)	
Amount Per Serving	
Calories	570
% Daily Value*	
Total Fat 27g	35%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 145mg	48%
Sodium 160mg	7%
Total Carbohydrate 18g	7%
Dietary Fiber 5g	18%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 64g	
Vitamin D 0.2mcg	2%
Calcium 120mg	10%
Iron 6.1mg	35%
Potassium 800mg	15%

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INGREDIENTS: CHICKEN, MESCLUN LETTUCE, STRAWBERRIES, BLUEBERRIES, PUMPKIN SEEDS, BALSAMIC VINEGAR, OLIVE OIL, SPICE

PEAK KITCHEN, LLC
GREELEY, CO