

## Salad

### Blackberry Chicken Summer Salad

#### Nutrition Facts

1 serving per container

**Serving size 1 package (362g)**

**Amount Per Serving**

**Calories 430**

**% Daily Value\***

**Total Fat** 21g **27%**

Saturated Fat 2g **10%**

Trans Fat 0g

**Cholesterol** 95mg **32%**

**Sodium** 115mg **5%**

**Total Carbohydrate** 17g **6%**

Dietary Fiber 9g **32%**

Total Sugars 6g

Includes 0g Added Sugars **0%**

**Protein** 45g

Vitamin D 0.1mcg 0%

Calcium 130mg 10%

Iron 3.7mg 20%

Potassium 650mg 15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CHICKEN, MESCLUN LETTUCE, BLACKBERRIES, CUCUMBER, WALNUT, ONION

CONTAINS: WALNUT

PEAK KITCHEN, LLC  
GREELEY, CO

## Blackberry Vinaigrette Dressing

### Blackberry Vinaigrette Dressing

#### Nutrition Facts

1 serving per container

**Serving size (39g)**

**Amount Per Serving**

**Calories 100**

**% Daily Value\***

**Total Fat** 7g **9%**

Saturated Fat 1g **5%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 0mg **0%**

**Total Carbohydrate** 11g **4%**

Dietary Fiber <1g **3%**

Total Sugars 11g

Includes 9g Added Sugars **18%**

**Protein** 0g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.2mg 2%

Potassium 40mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BLACKBERRIES, HONEY, BALSAMIC VINEGAR, OLIVE OIL

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