### Small

### Large

# Small- Add **Protein**

## Large- Add Protein

# **Protein Only**

### Jalapeno Lime Tilapia Small

### **Nutrition Facts**

1 serving per container Serving size

1 (393g)

### Calories

390

	% Daily Value*
Total Fat 6g	10%
Saturated Fat 1.5g	8%
Tranz Fat Og	
Cholesterol 70mg	23%
Sodium 1610mg	70%
Total Carbohydrate 44g	16%
Dietary Fiber 5g	18%
Total Passes No.	

Protein 38g	
Protein 38g Vitamin D 4.5mcg	25%
Calcium 80mg	6%
Iron 3.4mg	20%

The % Daily Value (DV) links you have much a male serving of hard contributes to a daily det. 2,000 calor is used for general radiition advise.

Potassium 920mg

INGREDIENTS: JALAPENO LIME TILAPIA (FISH, TILAPIA, JALAPENOS, SPICE MIX/SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED GARLI, DRIED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE), SEASONAL VEGETABLES (OIL BLEND (OLIVE OIL, CANOLA OIL), SPICE), RICE PLAF (RICE, DRY CHICKEN BROTH (CORN SYRUP SOLIDS, SALT, HYDROLYZED SOVICORN/ MONOSCOIUM GLUTAMATE DEXTROSE, DEHYDRATED MECHANICALLY SEPARATED COCKED CHICKEN, CHICKEN EAT. DEHYDRATED CHICKEN BROTH SUGAR, ONION POWDER, YEAST EXTRACT, SPICES & SPICE EXTRACT, TRICALCIUM PHOSPHATE, DRIED PARSLEY, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSNATE, FLAVOUR, GELATIN, AND

CONTAINS: WHEAT, TILAPIA

PEAK KITCHEN, LLC GREELEY, CO.

REHEAT TO MINIMUM 165 DEGREES FAHRENHEIT CONTENTS WILL BE HOT

Jalapeno Lime Tilapia Large

#### **Nutrition Facts** 1 serving per container Serving size 1 (451g)

## Calories

Total Fat 8g 10% Saturated Fat 1.5g 8% Tranz Fat 0g

470

0%

Cholesterol 70mg 23% 80% Sodium 1850mg Total Carbohydrate 60g 22% Dietary Fiber 5g 18%

Total Sugars 4g Includes Og Added Sugars

Vitamin D 4.5mcg	25%
Calcium 80mg	6%
Iron 4.3mg	25%
Debassion SATesa	20%

The % Daily Value (DV) lefts you have much a nutrient in serving of hard contributes to a daily del. 2,000 salaries a d to used for general nutrition advice.

INGREDIENTS: RICE PILAF (RICE, DRY CHICKEN BROTH (CORN SYRUP SOLIDS, SALT, HYDROLYZED SOY/CORN, MONOSODIUM GLUTAMATE, DEXTROSE, DEHYDRATED MECHANICALLY SEPARATED COOKED CHICKEN, CHICKEN FAT, DEHYDRATED CHICKEN BROTH, SUGAR, ONION POWDER, YEAST EXTRACT, SPICES & SPICE EXTRACT, TRICALCIUM PHOSPHATE, DRIED PARSLEY, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, FLAVOUR, GELATIN, AND SULPHITES)), JALAPENO LIME TILAPIA (FISH, TILAPIA, JALAPENOS, SPICE MIX(SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE), SEASONAL VEGETABLES (OIL BLEND (OLIVE OIL, CANOLA OIL), SPICE)

CONTAINS: WHEAT, TILAPIA

PEAK KITCHEN, LLC GREELEY, CO

REHEAT TO MINIMUM 165 DEGREES FAHRENHEIT CONTENTS WILL BE HOT

Jalapeno Lime Tilapia Small- Add Protein

### **Nutrition Facts**

1 serving per container Serving size

550 Calories

	% Daily Value*
Total Fat 11g	14%
Saturated Fat 3g	15%
Tranz Fat 0g	
Cholesterol 140mg	47%
Sodium 2700mg	1175
Total Carbohydrate 46g	175
Dietary Fiber 6g	21%
Total Sugara 5g	
Includes 0g Added Sugar	s 0%

Incudes ug Added Sugars	מרט
Protein 69g	
/itamin D 9mcg	45%
Calcium 100mg	8%
ron 4.3mg	25%
otassium 1450mg	30%

INGREDIENTS: JALAPENO LIME TILAPIA (FISH, TILAPIA, JALAPENOS, SPICE MIXISALT DRIED GARLIC DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE), SEASONAL VEGETABLES (OIL BLEND (OLIVE OIL, CANOLA OIL), SPICE), RICE PLAF (RICE, DRY CHICKEN BROTH (CORN SYRUP SOLIDS, SALT, HYDROLYZED SOY/CORN, MONOSODIUM GLUTAMATE, DEXTROSE, DEHYDRATED MECHANICALLY SEPARATED COOKED CHICKEN, CHICKEN FAT. DEHYDRATED CHICKEN BROTH. SUGAR, ONION POWDER, YEAST EXTRACT, SPICES & SPICE EXTRACT, TRICALCIUM PHOSPHATE, DRIED PARSLEY, CITRIC ACID, DISCOUM GUANYLATE, DISCOUM INCSINATE, FLAVOUR, GELATIN, AND SULPHITESI

CONTAINS: WHEAT, TILAPIA

PEAK KITCHEN, LLC GREELEY, CO.

REHEAT TO MINIMUM 165 DEGREES FAHRENHEIT CONTENTS WILL BE HOT

Jalapeno Lime Tilapia Large- Add Protein

#### **Nutrition Facts**

1 serving per container Serving size

1 (611g)

Calories

630

	% Daily Value*
Total Fat 11g	14%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 140mg	47%
Sodium 2940mg	128%
Total Carbohydrate 63g	23%
Dietary Fiber 6g	21%
Total Sugara 5g	
Includes 0g Added Sugar	1 0%

student by reason stages	0.4
rotein 71g	
	400
fitamin D 9mcg	40%
Calcium 100mg	8%
on 5.2mg	30%
otassium 1470mg	30%

The % Daily Value (DV) lefts you have result a related in a serving of hard contributes to a skely dect. 2,000 culturies a skey is used for general restriktor advise.

INGREDIENTS: JALAPENO LIME TILAPIA (FISH, TILAPIA, JALAPENOS, SPICE MIX(SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE), RICE PLAF (RICE, DRY CHICKEN BROTH (CORN SYRUP SOLIDS, SALT. HYDROLYZED SOY/CORN, MONOSODIUM GLUTAMATE, DEXTROSE, DEHYDRATED MECHANICALLY SEPARATED COOKED CHICKEN, CHICKEN FAT, DEHYDRATED CHICKEN BROTH, SUGAR, ONION POWDER CHICKEN BROTH, SUGAR, ONION POWDER, YEAST EXTRACT, SPICES & SPICE EXTRACT, TRICALCIUM PHOSPHATE, DRIED PARSLEY, CITRIC ACID, DISCIDIUM GUANYLATE, DISCIDIUM INOSINATE, FLAVOUR, GELATIN, AND SULPHITES), SEASONAL VEGETABLES (OL BLEND (OLIVE OIL, CANOLA OIL), SPICE)

CONTAINS: WHEAT TILAPIA

PEAK KITCHEN, LLC

REHEAT TO MINIMUM 165 DEGREES CONTENTS WILL BE HOT

Jalapeno Lime Tilapia

### **Nutrition Facts**

1 serving per container Serving size 1 (160g)

160 **Calories** 

	% Daily Value
Total Fat 3.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 1090mg	47%
Total Carbohydrate 2g	19
Dietary Fiber <1g	3%
Total Sugars 1g	
Includes On Added Sugar	s <b>0</b> %

Protein 32g	
Vitamin D 4.5mcg	259
Calcium 20mg	29
Iron 0.9mg	69
Potassium 530mg	109

INGREDIENTS: FISH, TILAPIA, JALAPENOS, SPICE MIX(SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE SPICE NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME

CONTAINS: WHEAT, TILAPIA

PEAK KITCHEN LLC GREELEY, CO

REHEAT TO MINIMUM 165 DEGREES