

## Small

**Jalapeno Lime Tilapia Small**

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>1 (393g)</b>
Amount Per Serving	
<b>Calories</b>	<b>390</b>
% Daily Value*	
<b>Total Fat</b> 11g	<b>10%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 70mg	<b>23%</b>
<b>Sodium</b> 1610mg	<b>70%</b>
<b>Total Carbohydrate</b> 44g	<b>16%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
Protein 31g	
Vitamin D 4.5mcg	25%
Calcium 80mg	8%
Iron 3.4mg	20%
Potassium 920mg	20%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** JALAPENO LIME TILAPIA (FISH), TILAPIA, JALAPENOS, SPICE MIX(SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE), SEASONAL VEGETABLES (OIL BLEND (OLIVE OIL, CANOLA OIL), SPICE), RICE PILAF (RICE, DRY CHICKEN BROTH (CORN SYRUP SOLIDS, SALT, HYDROLYZED SOYICORN, MONOSODIUM GLUTAMATE, DEXTROSE, DEHYDRATED MECHANICALLY SEPARATED COOKED CHICKEN, CHICKEN FAT, DEHYDRATED CHICKEN BROTH, SUGAR, ONION POWDER, YEAST EXTRACT, SPICES & SPICE EXTRACT, TRICALCIUM PHOSPHATE, DRIED PARSLEY, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, FLAVOUR, GELATIN, AND SULPHITES)), JALAPENO LIME TILAPIA (FISH, TILAPIA, JALAPENOS, SPICE MIX(SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE), SEASONAL VEGETABLES (OIL BLEND (OLIVE OIL, CANOLA OIL), SPICE)

**CONTAINS:** WHEAT, TILAPIA

PEAK KITCHEN, LLC  
GREELEY, CO

REHEAT TO MINIMUM 165 DEGREES FAHRENHEIT  
CONTENTS WILL BE HOT

## Large

**Jalapeno Lime Tilapia Large**

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>1 (451g)</b>
Amount Per Serving	
<b>Calories</b>	<b>470</b>
% Daily Value*	
<b>Total Fat</b> 11g	<b>10%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 70mg	<b>23%</b>
<b>Sodium</b> 1850mg	<b>80%</b>
<b>Total Carbohydrate</b> 60g	<b>22%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 4g	
Includes 0g Added Sugars	<b>0%</b>
Protein 31g	
Vitamin D 4.5mcg	25%
Calcium 80mg	8%
Iron 4.3mg	20%
Potassium 940mg	20%

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**INGREDIENTS:** RICE PILAF (RICE, DRY CHICKEN BROTH (CORN SYRUP SOLIDS, SALT, HYDROLYZED SOYICORN, MONOSODIUM GLUTAMATE, DEXTROSE, DEHYDRATED MECHANICALLY SEPARATED COOKED CHICKEN, CHICKEN FAT, DEHYDRATED CHICKEN BROTH, SUGAR, ONION POWDER, YEAST EXTRACT, SPICES & SPICE EXTRACT, TRICALCIUM PHOSPHATE, DRIED PARSLEY, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, FLAVOUR, GELATIN, AND SULPHITES)), JALAPENO LIME TILAPIA (FISH, TILAPIA, JALAPENOS, SPICE MIX(SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE), SEASONAL VEGETABLES (OIL BLEND (OLIVE OIL, CANOLA OIL), SPICE)

**CONTAINS:** WHEAT, TILAPIA

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GREELEY, CO

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## Small- Add Protein

**Jalapeno Lime Tilapia Small- Add Protein**

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>1 (553g)</b>
Amount Per Serving	
<b>Calories</b>	<b>550</b>
% Daily Value*	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 140mg	<b>47%</b>
<b>Sodium</b> 2700mg	<b>117%</b>
<b>Total Carbohydrate</b> 46g	<b>17%</b>
Dietary Fiber 6g	<b>21%</b>
Total Sugars 5g	
Includes 0g Added Sugars	<b>0%</b>
Protein 61g	
Vitamin D 9mcg	45%
Calcium 100mg	8%
Iron 4.3mg	20%
Potassium 1450mg	30%

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**INGREDIENTS:** JALAPENO LIME TILAPIA (FISH), TILAPIA, JALAPENOS, SPICE MIX(SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE), SEASONAL VEGETABLES (OIL BLEND (OLIVE OIL, CANOLA OIL), SPICE), RICE PILAF (RICE, DRY CHICKEN BROTH (CORN SYRUP SOLIDS, SALT, HYDROLYZED SOYICORN, MONOSODIUM GLUTAMATE, DEXTROSE, DEHYDRATED MECHANICALLY SEPARATED COOKED CHICKEN, CHICKEN FAT, DEHYDRATED CHICKEN BROTH, SUGAR, ONION POWDER, YEAST EXTRACT, SPICES & SPICE EXTRACT, TRICALCIUM PHOSPHATE, DRIED PARSLEY, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, FLAVOUR, GELATIN, AND SULPHITES))

**CONTAINS:** WHEAT, TILAPIA

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GREELEY, CO

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## Large- Add Protein

**Jalapeno Lime Tilapia Large- Add Protein**

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>1 (611g)</b>
Amount Per Serving	
<b>Calories</b>	<b>630</b>
% Daily Value*	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 140mg	<b>47%</b>
<b>Sodium</b> 2940mg	<b>128%</b>
<b>Total Carbohydrate</b> 63g	<b>23%</b>
Dietary Fiber 6g	<b>21%</b>
Total Sugars 5g	
Includes 0g Added Sugars	<b>0%</b>
Protein 71g	
Vitamin D 9mcg	45%
Calcium 100mg	8%
Iron 5.2mg	30%
Potassium 1470mg	30%

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**INGREDIENTS:** JALAPENO LIME TILAPIA (FISH), TILAPIA, JALAPENOS, SPICE MIX(SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE), RICE PILAF (RICE, DRY CHICKEN BROTH (CORN SYRUP SOLIDS, SALT, HYDROLYZED SOYICORN, MONOSODIUM GLUTAMATE, DEXTROSE, DEHYDRATED MECHANICALLY SEPARATED COOKED CHICKEN, CHICKEN FAT, DEHYDRATED CHICKEN BROTH, SUGAR, ONION POWDER, YEAST EXTRACT, SPICES & SPICE EXTRACT, TRICALCIUM PHOSPHATE, DRIED PARSLEY, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, FLAVOUR, GELATIN, AND SULPHITES)), SEASONAL VEGETABLES (OIL BLEND (OLIVE OIL, CANOLA OIL), SPICE)

**CONTAINS:** WHEAT, TILAPIA

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## Protein Only

**Jalapeno Lime Tilapia**

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>1 (160g)</b>
Amount Per Serving	
<b>Calories</b>	<b>160</b>
% Daily Value*	
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 70mg	<b>23%</b>
<b>Sodium</b> 1090mg	<b>47%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber <1g	<b>3%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
Protein 32g	
Vitamin D 4.5mcg	25%
Calcium 20mg	2%
Iron 0.9mg	6%
Potassium 530mg	10%

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**INGREDIENTS:** FISH, TILAPIA, JALAPENOS, SPICE MIX(SALT, DRIED GARLIC, DRIED JALAPENO PEPPERS, DRIED RED BELL PEPPER, SMOKED TORULA YEAST, RICE CONCENTRATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, NATURAL SMOKE FLAVOR), LIME JUICE

**CONTAINS:** WHEAT, TILAPIA

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